



St. Thomas Orthodox Christian Youth Movement is the first unit in Arabian Gulf and is one of the active spiritual organizations of our Cathedral. The activities of this unit is as old as the age of our congregation.

The lifestyle of the youth in the Gulf may appear to be colorful, but in actuality they face a lot of difficulties and challenges. This unit is serving as a spiritual platform where all efforts will be made to share, care and thereby help in diminishing the pain of others and make aware of talents that the young bloods have.

We are actively involved in various spiritual, cultural and social activities of the church. Regular meetings are held on every Saturday at 8:30 pm after the Holy Qurbana. Devotional addresses, group discussions, Bible studies, quiz competition, christian anthakshari etc. are the main activities of the regular meetings. Special Retreats, seminars, symposiums, Debates, Study classes, Medical camps and Conferences are frequently arranged by inviting eminent personalities and resource persons.

In the year 2008, we have expanded our role in line with Holy Synod's decision to include Women to regular meetings. This was a great achievement as it increased participation of young women in the church Forum and enable couples to attend the meeting as active members.

We have won the President's "**Best Unit Award**" & "**Best unit Secretary Award**" for our outstanding activities during the year 2006 & 2010. We have hosted the 03rd **Gulf Orthodox Youth Conference (GOYC)** in Bahrain under the auspices of our Church in 2007.

Following are the major activities conducted by Youth Movement

Samarppana Susrusha

Retreat & Prayer Week

Pilgrimage to Holy land

Gulf Orthodox Youth Conference

Smrithi Arts & Sports Festival (One Month)

X'mas Tree & Star Competition

Youth Voice (Magazine)

Reception to Catholicose of the East

Family Meet

X'mas Stall

Pocket Calendar

Hospital Visit

Blood Donation

Medical Aid

Housing Aid

Education Aid

Marriage Aid

Medical Camp

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